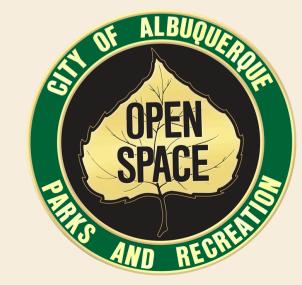


Open Space Education

Co-presenters:

Alexandra Bezner, Open Space Education Coordinator

Anaisa Tyger Núñez, Open Space Education Coordinator



Share Time: Your Favorite Outdoor Space!

In the chat, share:

- The name of your favorite outdoor spot
- What you enjoy most about it (scenery, wildlife, memories, activities, etc.)



CITY OF ALBUQUERQUE OPEN SPACE

WEST MESA

- 1 Quail Ranch
- 2 Grasslands Preserve (Restricted Access)
- **3** Shooting Range Park
- 4 La Cuentista
- 5 Boca Negra Arroyo (Middle Branch)
- 6 La Boca Negra Horseman's Complex
- 7 George J. Maloof Memorial Air Park
- 8 Atrisco Terrace
- 9 Los Metates (Restricted Access)

PETROGLYPH NATIONAL MONUMENT

- **10** Volcanoes
- 11 Piedras Marcadas Canyon
- 12 Boca Negra Canyon
- 13 Rinconada Canyon

RIO GRANDE VALLEY STATE PARK & AGRICULTURE

- **14** Alameda
- **15** Calabacillas Arroyo
- **16** Shining River
- **17** A lamo Farm (Restricted Access)
- 18 Open Space Visitor Center
- 19 Pueblo Montaño Picnic Area **20** Los Poblanos Fields
- 21 Aldo Leopold Interpretive Trail and Forest
- 22 San Antonio Oxbow and Bluffs
- 23 Candelaria Nature Preserve (Restricted Access)
- 24 Pat Baca Open Space
- 25 Rio Del Norte Picnic Area
- 26 Rio Bravo Riverside Picnic Area
- 27 Hubbell Oxbow Farm

SANDIA FOOTHILLS

- 28 Elena Gallegos Picnic Area/Albert G. Simms Park
- 29 Bear Canyon Open Space
- 30 Embudito Trailhead
- 31 Piedra Lisa Trailhead
- 32 Menaul Trailhead
- 33 Embudo Canyon Trailhead
- 34 Copper Trailhead

TIJERAS ARROYO/FOUR HILLS

- 35 Montessa Park
- **36** Via Posada
- **37** Route 66
- 38 Tijeras Bio-Zone Education Center
- 39 Manzano/Four Hills

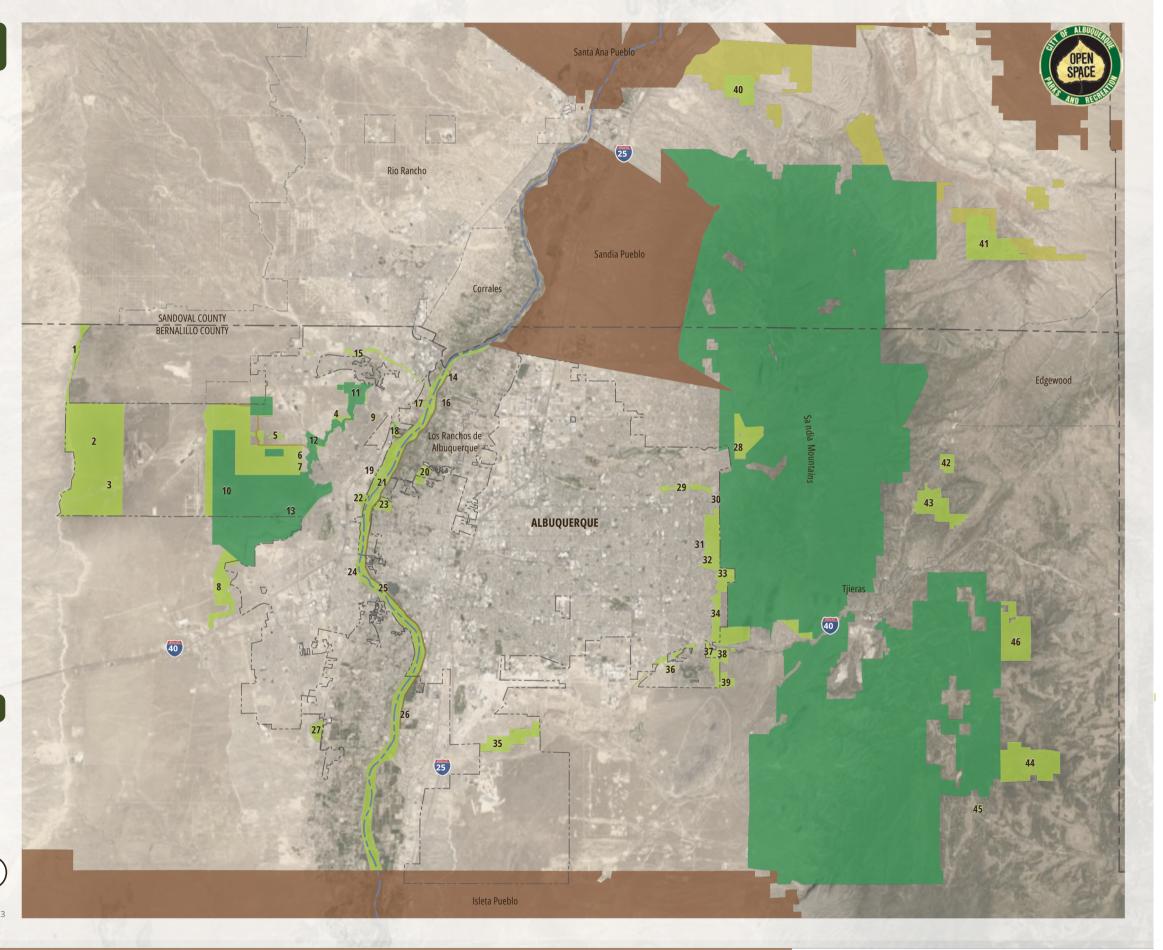
SANDOVAL COUNTY

- **40** Placitas
- 41 Golden

EAST MOUNTAINS

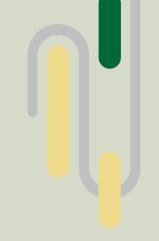
- 42 San Antonito
- 43 John A. Milne/Gutíerrez Canyon
- 44 Juan Tomas
- 45 Carolino Canyon (Reservation Only)
- 46 Loma Ponderosa

Map Information City of Albuquerque Open Space **— – – —** County Boundary Tribal Land ———— City of Albuquerque Boundary United States Forest Service Town / City Boundary Bureau of Land Management Road, Primary National Park Service Paseo del Bosque Bike Trail Paseo de la Mesa Trail Rio Grande Scale: 1 inch = 4 miles © Copyright 2023 City of Albuquerque www.cabq.gov Updated 3.27.2023





WHY LEARN OUTDOORS?



The outdoors is a resource for enhancing learning, social engagement, and health and should be available to all New Mexican students across the state. Experiences in nature and access to the outdoors are associated with greater health and well being and academic success. There are many approaches to outdoor and environmental learning and education, including conservation, experimental, environmental, nature-based and place-based education.

NATURE CAN IMPROVE ACADEMIC OUTCOMES

NATURE PLAY CAN ENCOURAGE CARE FOR THE EARTH





Benefits of Nature-Based Interventions for Children Encountering Adverse Childhood Experiences



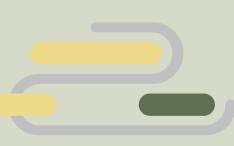
Connection to
nature supports
mental health, wellbeing, resilience,
restoration,
enhanced mood
and can reduce
stress, contributing
to healing for
families and youth
coping with adversity
and trauma.

experiences in nature help children become more mindful, manage behaviors and reactions, cope with new environments, control impulses and focus attention, contributing to better self-regulation.

family connections, communication and parental mental health, contributing to **safety** in the home. Quality outdoor spaces enhance community togetherness and reduce crime, contributing to **safety** in the community.

Family activities in nature improve communication and develop lasting family connections and relationships that can help keep children safe in their homes.

nurtures a sense of self identity, belonging with others and connection to place, contributing to a sense of stability and permanency.



OS EDUCATIONAL LOCATIONS

Open Space Visitor Center

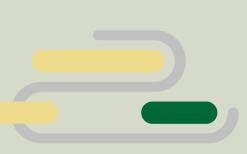
- Wildlife viewing
- Nature focused gallery
- Guided hikes
- Volunteer opportunities
- Community events space
- Meeting rooms

Tingley Beach

- Pond life
- Habitat viewing
- Restoration
- Outdoor learning
- Recreation

Candelaria Nature Preserve

- Restoration
- Biomonitoring
- Service learning opportunities



OS EDUCATIONAL LOCATIONS

Tijeras Bio-Zone

- Outdoor Learning
- Freshwater Corridor

Elena Gallegos

- Semi- arid to Juniperpiñon woodland
- Habitat observations

Petroglyph National Monument

- Indigenous cultural landscape
- Cultural and natural resources

PROGRAMS

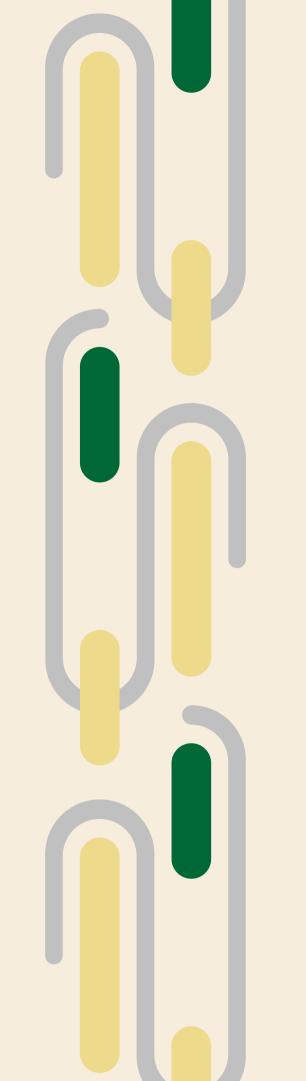












THANK YOU

Connect with us!

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